



# Active Parenting Now

Active Parenting Now is a video-based interactive learning experience that teaches a comprehensive model of parenting to parents of children 5-12. It is composed of six sessions, each two-and-a-half hours long. The course focuses on communicating effectively with children, preventing of the use of drugs, disciplining while teaching responsibility, encouraging the development of self esteem and character, redirecting misbehavior, and sidestepping power struggles. Topics are often reinforced and skills practiced through experiential activities directed in the Leaders Guide.



**When:** Tuesday & Thursday,  
January 26, 28, February 2, 4, 9, 11

**Where:** CVCC, Merritt Hall

**Time:** 7:00 pm – 9:30 pm

**Cost:** \$99.00 per person plus \$15 workbook

Pre-registration and payment is required ~ deadline is one week before start of class.  
To register for this class or for more information, please call (434) 832-7607.  
Call (434) 832-7600 for school closing information due to inclement weather.

[WWW.CVCC.VCCS.EDU/WORKFORCE](http://WWW.CVCC.VCCS.EDU/WORKFORCE)

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